

### Fish Farm Tour 2 – PAREDES DE COURA AND RIO ALTO

The Portuguese fishing industry is fairly large and diversified. Fishing vessels classified according to the area in which they operate, can be divided into local fishing vessels, coastal fishing vessels and long-distance fishing vessels. The local fleet is mainly composed of small traditional vessels; these vessels are usually equipped to use more than one fishing method, such as hooks, gill nets and traps, and constitute the so-called polyvalent segment of the fleet. Their physical output is low but reasonable levels of income are attained by virtue of the high commercial value of the species they capture: octopus, black scabbard fish, conger, pouting, hake and anglerfish.

Ever since Portugal became a member of the European Union, measures have been introduced under the Common Fisheries Policy to encourage the structural adaptation of the fishing fleet required for preserving fishing resources.

09h00 departure from Porto to Viana do Castelo District.

#### 11h00– Visit of Fish Farm in Paredes de Coura

This Fish farm was pioneering in Portugal in the production of trout destined to the public consumption, and initiated its activity in 1968. Hosted in Paredes de Coura, it occupies the two edges of Coura River. This fish farm carries through all the cycles of the life of the salmonids, therefore proceeds to the artificial fertilization, incubation of eggs, creation of fry and fattening of the trout. Currently, with a capacity of production between 500 and 600 TON/YEAR has the preference of the national market..

13h00

#### LUNCH AT: Restaurant “O Conselheiro”



A traditional restaurant, where you will taste a northern Portuguese gastronomy. Aquilino Ribeiro (a Portuguese artist) is the great reference who was an inspiration to the house, as it can be seen in the decoration. Besides having a cosy atmosphere, the service is evidenced by the kindness and sympathy of the staff. The food is fantastic and normally mentioned as high standard of quality, and named as one of the things that make clients get back many times.

#### 15h00 – Visit of Fish Farm in Rio Alto

The fish farm of the Rio alto is a unit of production of marine fish located in Estela. Essentially dedicated to the production, in complete cycle, of turbot (*Scophthalmus maximus*), this unit has a productive capacity that rounds the 150 ton/year. Opened since 1993 its current production, besides the turbot, also includes other sea species of high commercial value as it is the case of the bass (*Dicentrarchus labrax*) and the salmon (*Salmo salar*).



17h00 Return to Porto.

#### **Price:**

From 25 pax 58,10 € per person

*\*above price is including deluxe private A/C bus + English speaking guide + lunch at Rest. O Conselheiro + visits*

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